

October 2026

(218) 736-6842

Building Hours: Monday - Thursday 7:30 a.m. - 4:00 p.m., Friday 7:30 a.m. - 3:00 p.m.

Office Hours: Monday - Thursday 7:30 a.m. to 1:00 p.m., Fridays 7:30 a.m. - 11:00 a.m.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 Please donate to the Senior Center Annual Giving Campaign to help with the day-to-day operations.			1 9:00 Steady & Strong Exercise Class 10:00 Circuit Training 11:00 Red Hats to Tuscan or Hunan 12:30 Pinochle	2 8:45 Duplicate Bridge 12:45 Bingo	3 TH-Pork Chop F-Roast Turkey 
4 Line Dancing As of the newsletter printing, it was unknown if line dancing would continue. Contact office staff for an update.	5 9:00 Dementia Friends Seminar 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Canasta 12:45 Movie ~ 'The Letter Writer'	6 8:45 Duplicate Bridge 9:00 Steady & Strong Exercise Class 12:45 Whist	7 10:00 Women's Pool 12:45 Phase 10 Cards	8 9:00 Tai Chi Chair Exercise 10:00 Circuit Training 12:30 Pinochle	9 8:45 Duplicate Bridge 12:45 Bingo	10 M-Cntry Fried Steak T-BBQ Chicken W-Cheeseburger TH-Tater Tot Hotdish F-Cook's Choice
11 	12 9:00 Program Meeting 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Canasta 12:45 Whist	13 8:45 Duplicate Bridge 9:00 Steady & Strong Exercise Class 1:00 Music Bingo w/ Acoustic Echoes featuring Country Classics	14 9:00-Noon Flu Shots 9:00 Coffee w/Board 9:30 Board Meeting 10:00 Women's Pool 12:45 Phase 10 Cards	15 9:00 Steady & Strong Exercise Class 10:00 Circuit Training 12:30 Pinochle 11:30 Birthday/Friendship Dinner	16 8:30 Fold Newsletter 8:45 Duplicate Bridge 12:45 Bingo	17 M-BBQ Riblet T-Roast Beef W-Country Pork Chop TH-Spaghetti F-Turkey Stuffing Casserole
18	19 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Canasta	20 8:45 Duplicate Bridge 9:00 Steady & Strong Exercise Class 12:45 Whist	21 8:00 Foot Care 10:00 Women's Pool 12:45 Phase 10 Cards	22 9:00 Steady & Strong Exercise Class 10:00 Circuit Training 12:30 Pinochle	23 8:45 Duplicate Bridge 12:45 Bingo	24 M-Baked Fish T-Baked Chicken W-Meatballs TH-Polish Sausage F-Cook's Choice
25 	26 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Canasta	27 8:45 Duplicate Bridge 9:00 Steady & Strong Exercise Class 12:45 Whist	28 10:00 Women's Pool 12:45 Phase 10 Cards	29 9:00 Steady & Strong Exercise Class 10:00 Circuit Training 12:30 Pinochle	30 8:45 Duplicate Bridge 12:45 Bingo	31 M-Pepper Steak T-Pork Stroganoff W-Chicken Pot Pie TH-Roast Pork F-Baked Ham