

October 2024

(218) 736-6842

Building Hours: Monday - Thursday 7:30 a.m. - 4:00 p.m., Friday 7:30 a.m. - 3:00 p.m. Office Hours: Monday - Thursday 7:30 a.m. to 1:00 p.m., Fridays 7:30 a.m. - 11:00 a.m.

Web Site: www.ffsenior.org E-Mail: senior@prtcl.com

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
 <p>Help us raise funds for a new Vertical Platform Lift (elevator) to continue to make the lower level accessible to all.</p>		<p>1 8:45 Duplicate Bridge 9:00-12:00 Flu Shot Clinic 12:45 Whist</p>	<p>2 10:00 Women's Pool 10:00 Line Dancing 12:45 Hand & Foot</p>	<p>3 10:00 Circuit Training 11:00 Red Hat to Underwood Quik-Stop 12:45 Pinochle 2:45 Circuit Training</p>	<p>4 8:45 Duplicate Bridge 12:45 Bingo</p>	<p>5 MENU T-BBQ Riblet W-Cheeseburger TH-Chix/Dumplings F-Tater Tot Hotdish</p>
6	<p>7 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training</p>	<p>8 8:45 Duplicate Bridge 12:45 Whist</p>	<p>9 9:00 Coffee w/Board 9:30 Board Meeting 10:00 Line Dancing 10:00 Women's Pool 12:45 Hand & Foot</p>	<p>10 9:30 Muffins for Men 9:30 Bridge Basics One Class 10:00 Circuit Training 12:45 Pinochle 2:45 Circuit Training</p>	<p>11 8:45 Duplicate Bridge 12:45 Bingo</p>	<p>12 M-Baked Fish T-Meatloaf W-Baked Chicken TH-Biscuits/Gravy F-Cook's Choice</p>
<p>13</p> 	<p>14 9:30 Crafts & Quilts 10:00 Circuit Training 11:00 Aveanna Home Health Seminar 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training</p>	<p>15 8:45 Duplicate Bridge 12:45 Whist</p>	<p>16 10:00 Line Dancing 10:00 Women's Pool 12:45 Hand & Foot</p>	<p>17 9:30 Bridge Basics One Class 10:00 Circuit Training 11:30 Birthday Celebration Dinner 12:45 Pinochle 2:45 Circuit Training</p>	<p>18 8:45 Duplicate Bridge 12:45 Bingo</p>	<p>19 M-Cntry Fried Steak T-Waffle W-Chicken Alfredo TH-Roast Beef F-Chicken Chili</p>
20	<p>21 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training</p>	<p>22 8:45 Duplicate Bridge 12:45 Whist</p>	<p>23 10:00 Line Dancing 10:00 Women's Pool 12:45 Hand & Foot</p>	<p>24 9:30 Bridge Basics One Class 10:00 Circuit Training 12:45 Pinochle 2:45 Circuit Training</p>	<p>25 8:45 Duplicate Bridge 12:45 Bingo</p>	<p>26 M-Salisbury Steak T-Roast Turkey W-Liver & Onions TH-Baked Ham F-Cook's Choice</p>
<p>27</p> 	<p>28 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training</p>	<p>29 8:45 Duplicate Bridge 12:45 Whist</p>	<p>30 10:00 Line Dancing 10:00 Women's Pool 12:45 Hand & Foot</p>	<p>31 9:30 Bridge Basics One Class 10:00 Circuit Training 12:45 Pinochle 2:45 Circuit Training</p>		<p>M-Fish Patty T-Meatballs W-Ham & Egg Bake</p>