

April 2024 Fergus Falls Senior Dining

Meals by Wheels 218-731-8568

Senior Center meals– 218-736-6842

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salisbury Steak Baked Potato Scalloped Corn Spice Cake	2 Chicken Strips Mashed Potatoes/Gravy Mixed Vegetables Cinnamon Applesauce	3 Shredded Turkey/Bun Cheesy Hashbrowns Green Beans Orange Fruited Jello	4 Meatballs Mashed Potatoes/Gravy Baked Squash Dump Cake	5 Baked Fish Baked Potato Creamed Peas Lemon Bar
8 Country Fried Steak Mashed Potatoes/Gravy Steamed Broccoli Ice Cream	9 Baked Ham Baked Beans Potato Salad Strawberry Shortcake	10 Chicken Chili Corn Muffin Fruit Cup Cookie	11 Hamburger Gravy Mashed Potatoes Mixed Vegetables Pudding/Topping	12 Cook's Choice
15 Chicken Breast in Country Gravy Mashed Potatoes/Gravy Beets Fruit Cup	16 BBQ Ribs Baked Potato Baked Squash Rosy Pears	17 Ham & Egg Bake Hashbrowns Orange Juice Coffee Cake	18 Roast Pork Mashed Potatoes/Gravy Glazed Carrots Cake Birthday Celebration	19 Waffle w/Strawberries Sausage Patties Fruit Juice Ice Cream
22 Turkey Gravy over Mashed Potatoes Mixed Vegetables Cookie	23 Italian Pork Chop Au Gratin Potatoes California Blend Vegetables Apple Crisp	24 Three-Bean Casserole Peas & Carrots Fruit Cup	25 Scalloped Potatoes w/Ham Coleslaw Pudding/Topping	26 Cook's Choice
29 Polish Sausage Creamed Potatoes Corn/Sauerkraut Sherbet	30 Baked Chicken Mashed Potatoes/Gravy Broccoli Jello/Topping	Meals are served with low fat milk, bread & margarine. Meals are prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	NSI provides this service in part under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the MBA.	