


April 2026 Fergus Falls Senior Dining

Meals by Wheels 218-731-8568

Senior Center meals– 218-736-6842

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meals are served with low fat milk, bread and margarine. This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.</p>	<p>NSI provides this service in part under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the MN Board on Aging.</p>	<p>1 Hamburger/Bun Cheesy Hashbrowns Green Beans Orange Fruited Jell-o</p>	<p>2 Meatballs Mashed Potatoes/Gravy Baked Squash Dump Cake</p>	<p>3 Closed</p> 
<p>6 Country Fried Steak Mashed Potato/Gravy Steamed Broccoli Pudding/Topping</p>	<p>7 Polish Sausage/Bun Baked Beans Potato Salad Strawberry Shortcake</p>	<p>8 White Chicken Chili Corn Bread Garden Salad/Dressing Fruit Crisp</p>	<p>9 Roast Pork Mashed Potato/Gravy Glazed Carrots Bread Pudding</p>	<p>10 Cook's Choice</p>
<p>13 Chicken Breast in Country Gravy Mashed Potatoes/Gravy Beets Ice Cream</p>	<p>14 Ham & Egg Bake Hashbrowns Orange Juice Coffee Cake</p>	<p>15 Country Style Ribs Baked Potato Garden Salad Rosy Pears</p>	<p>16 Roast Beef Mashed Potatoes/Gravy Coleslaw Lemon Sponge Cake</p> <p>BIRTHDAY/FRIENDSHIP DINNER</p>	<p>17 Hamburger Gravy Mashed Potatoes Mixed Vegetables Cookie</p>
<p>20 Chicken Strips Mashed Potatoes/Gravy Corn Pudding/Topping</p>	<p>21 Italian Pork Chop Au Gratin Potatoes California Blend Vegetables Apple Crisp</p>	<p>22 3 Bean Casserole Peas & Carrots Fruit Cup</p>	<p>23 Roast Turkey Mashed Potatoes/Gravy Yams Cookie</p>	<p>24 Cook's Choice</p>
<p>27 Salisbury Steak Baked Potato Beets Fruit Cup</p>	<p>28 Baked Chicken Mashed Potatoes/Gravy Broccoli Cheesecake</p>	<p>29 Scalloped Potatoes w/Ham Carrots Ice Cream</p>	<p>30 Cook's Choice</p>	