


August 2024 Fergus Falls Senior Dining

Meals by Wheels 218-731-8568
Senior Center meals—218-736-6842

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NSI provides this service in part under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the MBA.	Meals are served with low fat milk, bread & margarine. Meals are prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.		<ol style="list-style-type: none"> Tater Tot Hotdish 7 Layer Salad Fruit Cobbler 	<ol style="list-style-type: none"> Cook's Choice
<ol style="list-style-type: none"> <ul style="list-style-type: none"> Crispy Baked Chicken Au Gratin Potatoes Broccoli Cookie 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Cook's Choice 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Spaghetti w/Meatballs Garden Salad Garlic Breadstick Fruited Gelatin 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Paprika Chicken Baked Sweet Pickle Green Beans Mixed Fruit 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Meatloaf Baked Potato Corn Pumpkin Bar
<ol style="list-style-type: none"> <ul style="list-style-type: none"> Chicken Strips Mashed Potato/Gravy Fruit Salad Warm Bread Pudding 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Parmesan Pork Chop Baked Potato Carrots Rhubarb Dessert 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Meatballs Mashed Potato/Gravy Garden Salad Chocolate Chip Bar 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Baked Ham Baked Beans Potato Salad Cheese Cake 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> BBQ Chicken Baked Potatoes Steamed Broccoli Cookie
<ol style="list-style-type: none"> <ul style="list-style-type: none"> Cheeseburger/Bun Hashbrowns 3-Bean Salad Pudding/Topping 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Roast Turkey Mashed Potatoes/Gravy Baked Squash Strawberry Shortcake 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Crispy Chicken Salad Breadstick Fresh Melon Cream Puffs 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Pork Roast Mashed Potatoes/Gravy Glazed Carrots Orange Sherbet Salad 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Tomato Hamburger Hotdish Mixed Vegetables Dinner Roll Tropical Fruit
<ol style="list-style-type: none"> <ul style="list-style-type: none"> Country Pork Chop Mashed Potatoes/Gravy Mixed Vegetables Ice Cream 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Egg Salad/Bun Cucumber/Tomato Salad Fresh Fruit Cookie 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Liver & Onions or Polish Sausage Boiled Potato Creamed Peas Moon Cake 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Pepper Steak Mashed Potatoes/Gravy Beets Pudding/Topping 	<ol style="list-style-type: none"> <ul style="list-style-type: none"> Cook's Choice