






# September 2024

(218) 736-6842

Building Hours: Monday - Thursday 7:30 a.m. - 4:00 p.m., Friday 7:30 a.m. - 3:00 p.m. Office Hours: Monday - Thursday 7:30 a.m. to 1:00 p.m., Fridays 7:30 a.m. - 11:00 a.m.  
 Web Site: [www.ffsenior.org](http://www.ffsenior.org) E-Mail: [senior@prtel.com](mailto:senior@prtel.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Closed  <b>HAPPY LABOR DAY</b>	3 8:45 Duplicate Bridge 12:45 Whist	4 10:00 Women's Pool 12:45 Hand & Foot	5 10:00 Circuit Training 11:00 Red Hats to BL Boathouse 12:45 Pinochle 2:45 Circuit Training	6 8:45 Duplicate Bridge 12:45 Bingo	7 <b>MENU</b> M-CLOSED T-Polish Sausage W-Riblet TH-Cook's Choice F-Pork Chop
8 	9 9:30 Crafts & Quilts 10:00 Circuit Training 11:00 Older Adults & Gambling Seminar 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training	10 8:45 Duplicate Bridge 12:45 Whist	11 9:00 Coffee w/Board 9:30 Board Meeting 10:00 Women's Pool 12:45 Hand & Foot	12 9:30 Muffins for Men 10:00 Circuit Training 12:45 Pinochle 2:45 Circuit Training	13 8:45 Duplicate Bridge 12:45 Bingo	14 M-Chicken Patty/Bun T-Stroganoff W-Meatballs TH-Pork Chop F-Cook's Choice
15	16 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training	17 8:45 Duplicate Bridge 12:45 Whist	18 10:00 Women's Pool 12:45 Hand & Foot	19 9:30-12:00 Open House 10:00 Circuit Training 11:30 Birthday Celebration Dinner 12:45 Pinochle 2:45 Circuit Training	20 8:45 Duplicate Bridge 12:45 Bingo	21 M-Baked Chicken T-Salisbury Steak W-Taco Salad TH-Pork Roast F-Waffles
22 	23 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training	24 8:45 Duplicate Bridge 12:45 Whist	25 10:00 Women's Pool 12:45 Hand & Foot	26 10:00 Circuit Training 11:00 Falls Prevention Bingo/Seminar 12:45 Pinochle 2:45 Circuit Training	27 8:45 Duplicate Bridge 12:45 Bingo	28 M-Baked Fish T-Baked Ham W-Crispy Chix Salad TH-Vegetable Soup F-Roast Turkey
29 	30 9:30 Crafts & Quilts 10:00 Circuit Training 12:45 Movie 12:45 Party Bridge 2:45 Circuit Training	<p><b>Volunteer Opportunity</b>                      Volunteers to do simple tasks in the office, such as answering the phone, filing, shredding, etc. or just be available for walk-ins. Volunteers can choose to volunteer in the afternoons or when staff is on vacation or sick. Contact office staff.</p>				M-Sweet & Sour Chicken 