


May 2026 Fergus Falls Senior Dining

Meals by Wheels 218-731-8568

Senior Center meals– 218-736-6842

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meals are served with low fat milk, bread and margarine. This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.</p>	<p>NSI provides this service in part under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the MN Board on Aging.</p>			<p>1 Cook's Choice</p>
<p>4 Sloppy Joe/Bun Baked Beans Potato Salad Rice Krispy Bar</p>	<p>5 Chicken Pasta Salad Bread Stick Fruit Juice Fruit Crisp</p>	<p>6 Meatballs Mashed Potato/Gravy Peas & Carrots Pudding/Topping</p>	<p>7 Vegetable Soup Han Salad Sandwich Fruit Salad Fudge Crinkle Cookie</p>	<p>8 Country Fried Steak Mashed Potato/Gravy Glazed Carrots Rosy Applesauce</p>
<p>11 Liver & Onions or Chicken Strips Mashed Potato w/Country Gravy Corn Cookie</p>	<p>12 Biscuits & Gravy Hashbrowns Fruit Juice Fresh Fruit</p>	<p>13 Taco Salad Fruit Juice Corn Muffin Ice Cream</p>	<p>14 Baked Chicken Au Gratin Potatoes Carrots Fresh Fruit</p>	<p>15 Cook's Choice</p>
<p>18 Pepper Steak Baked Potato Beets Pudding/Topping</p>	<p>19 Minnesota Hotdish Steamed Broccoli Dinner Roll Fruit Cup</p>	<p>20 Baked Fish Parsley Red Potatoes Fruited Cabbage Slaw Lemon Bar</p>	<p>21 Meatloaf Baked Potato Baked Squash Cake BIRTHDAY/FRIENDSHIP DINNER</p>	<p>22 Onion Baked Pork Chop Mashed Potato/Gravy Mixed Vegetables Spice Cake</p>
<p>25 Closed</p>  <p>MEMORIAL DAY HONORING ALL WHO SERVED</p>	<p>26 Hamburger/Bun Baked Beans Fruit Salad Cookie</p>	<p>27 Oven Fried Chicken Mashed Potato/Gravy Peas & Carrots Fruit Crisp</p>	<p>28 BBQ Riblet Baked Sweet Potato Creamy Coleslaw Jell-o/Topping</p>	<p>29 Cook's Choice</p>